## MOANA VA, NAVIGATORS OF PACIFIC PRIDE

Moana Vā was established to identify and address the needs for Pacific Rainbow+LGBTQIA+ MVPFAFF+ (mahu, vakasalewa, palopa, fa'afafine, akava'ine, fakaleiti (leiti), fakafifine) communities in the Canterbury Region.

We aim to provide support, advocacy and mentorship of our Pacific Rainbow+ communities, and acknowledge the challenge of living in a region that is systemically conservative, enabling unconscious racial bias and stereotypes of our community members.

Moana Vā is community led and we focus on connecting or reconnecting, sharing aspirations, goals, stories and create narratives to be heard and pass on to our future allies. We do this not only by being a support group but also a provider of information and access to services addressing the needs of our community.

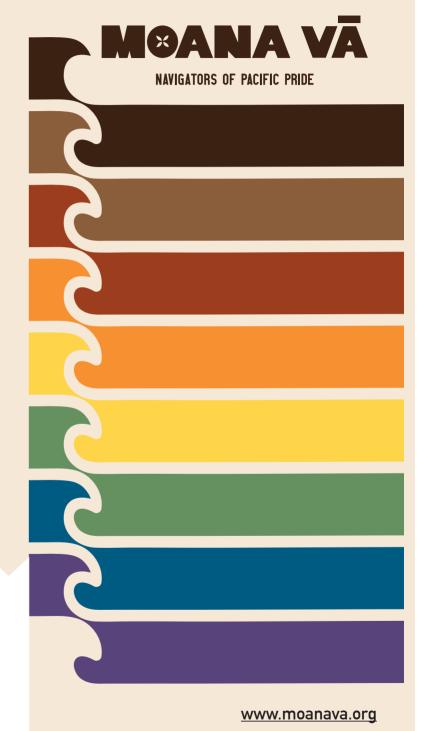
f @moana.va.chc

ALOFA
COLLECTISM
AIGA (FAMILY)
CELEBRATION
TAUTUA (LEADERSHIP)

Empowering and uniting Pacific Rainbow+ communities in Aotearoa, The Pacific, Globally and online. Through support, advocacy, and connection, challenging systemic conservatism and fostering a future of acceptance and understanding.

2 DUNDAS STREET, LEVEL 1 DMC BUILDING, CHRISTCHURCH CENTRAL CITY, ŌTAUTAHI, CHRISTCHURCH 8011

+64 21 416 347 | info@moanava.org



## E KOKO NIGHTS

We host "Katakata Nights," (translated to "smile or laugh" in Cook Island Māori) a social support group designed for Parents and Whānau/Aiga with family members in the Rainbow community. This gathering offers a space to connect, share experiences, and support one another.

Last Wednesday of the month 6pm-8pm, Scoundrel, 375 St Asaph St, Christchurch.

Alternatively join us for a social get together "all flavours are welcome to connect with other Rainbow community members at our "Koko Nights" Here, we connect, share kai in a safe fun environment.

2nd Monday of the Month 6pm-8pm, Galaxy, 204 Barbadoes St, Christchurch

## OUR SERVICES

Advice, guidance and connection for health and wellbeing.

Workshops that allow collaboration for the rainbow community in Health and Well-Being, Sexual Health and Relationships and Suicide awareness.

Regular talanoa sessions and collaboration with other rainbow community members.

Parental and Aiga support and advocacy to assist with families who are seeking advice or information.

## HEALTH & WELLBEING

Moana Vā promote good health and wellbeing.

Pacific health providers who can help here in Canterbury.

Etu Pasifika 0800388727
 Mapu Maia 0800212122
 Tangata Atumotu Trust 0800727434
 Vaka Tautua 0800825282

Check out our website for Rainbow and Allies services around Aotearoa.

